

Suggested Meal Menu

Develop meal menu.

| Element | Levels of Performance | | | |
|---|--|---|--|--|
| Meal menu includes breakfast, lunch and dinner | Target(3) Student included breakfast, lunch and dinner in meal menu consistently | Acceptable(2) Student included breakfast, lunch and dinner in meal menu occasionally. | Unacceptable(0-1) Student did not include breakfast, lunch and dinner in meal menu. | |
| 2. Meal menu includes 1500 to 3000 caloric intake daily | Target(3) Student meal menu includes a 1500 to 3000 caloric intake daily consistently. | Acceptable(2) Student meal menu includes a 1500 to 3000 caloric intake daily occasionally. | Unacceptable(0-1) Student meal menu did not include a 1500 to 3000 caloric intake daily. | |
| 3. Meal menu includes all food groups. | Target(3) Student meal menu includes all food groups utilized in an effective manner consistently. | Acceptable(2) Student meal menu includes all food groups utilized in an effective manner occassionally. | Unacceptable(0-1) Student meal menu did not include all of the food groups. | |

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